



Third Committee of the General Assembly

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Resolution 2026/0001

Resolution adopted by Third Committee of the General Assembly on 18 June 2026

Supporting Elderly Care While Addressing the Impact of Ageing Societies

The Third Committee of the General Assembly,

Recognizing the growing global impact of demographic changes on healthcare systems, labour markets, social stability, and economic development,

Deeply concerned about the increasing shortage of long-term care workers and unequal access to healthcare services for elderly people,

Recalling the Madrid International Plan of Action on Ageing adopted in 2002,

Guided by the principles of dignity, equality, and social inclusion set by the Charter of the United Nations,

Bearing in mind the financial pressure ageing populations exercise on pension systems and healthcare infrastructure,

Noting with deep concern that elderly women are primarily impacted by poverty and social exclusion,

1. **Calls upon** Member States to strengthen national healthcare systems by:
 - (a) encouraging Member States to develop national standards for elderly healthcare coverage according to their economic capacity and national circumstances:
 - (i) geriatric specialists and,
 - (ii) mental health services,
 - (b) improving healthcare infrastructure in rural and isolated areas,
 - (c) investing in preventive healthcare programs and regular medical screenings;
2. **Encourages** governments to set up sustainable pension systems by:
 - (a) regularly assessing pension fund sustainability and reporting these findings to the UN Secretary-General every five years,
 - (b) protecting low-income elderly citizens from poverty,
 - (c) considering flexible retirement options based on national economic conditions, working conditions, employment history and the needs of older persons;
3. **Recommends** expanding caregiver support and training programs by setting internationally recognized certification standards for caregivers, including, by not limited to:
 - (a) international educational partnerships,

- (b) increased investment in professional caregiver training, including educational support within families,
 - (c) better legal and economic protections for care workers;
4. **Supports** stronger international cooperation on demographic challenges by:
- (a) increasing financial aid for developing countries,
 - (b) facilitating technology-sharing agreements between Member States, focusing on telemedicine for marginalised elderly populations,
 - (c) strengthening cooperation among UN agencies, non-governmental organisations, and national governments;
5. **Urges** Member States to fight age discrimination by:
- (a) investing in accessible infrastructure,
 - (b) promoting awareness campaigns against ageism,
 - (c) ensuring equal access to healthcare, jobs, and public services,
 - (d) creating and supporting intergenerational housing facilities and free time activities;
6. **Encourages** the protection of elderly women by:
- (a) providing equal pension opportunities to those who currently lack them,
 - (b) creating targeted anti-poverty programs that are independently funded and ensured by member states,
 - (c) recognizing unpaid domestic and care work as important parts of society,
 - (d) securing Pensions also while working informal to secure dignity;
7. **Further recommends** programs that promote active and healthy ageing by:
- (a) investing in intergenerational inclusion,
 - (b) encouraging physical activity and lifelong learning,
 - (c) strengthening social inclusion initiatives;
8. **Requests** the Secretary General to submit a biannual report to the General Assembly on the measures outlined in this resolution, using data provided by World Health Organisation, United Nations Populations Fund, and Member States while developing plans on how to use the given money;
9. **Invites** Member States to develop digital literacy programs for the elderly to address Internet isolation by educating elderly persons with courses on how to navigate the internet and new technologies:
- (a) with (weekly) courses led by student and university volunteers,
 - (b) online courses to ensure availability in countries lacking professionals,
 - (c) facilitate internships and programs with the help of NGOs.

Vote result	Adopted
	<i>In favour:</i> 86
	<i>Against:</i> 37
	<i>Abstentions:</i> 4
Date of vote	18 June 2026
Final editor	Laura Petra Blümel