



Daily Diplomat

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Photo by Ben Beuke

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Dear participants,

We are happy to welcome you to OLMUN 2026. OLMUN is an organization that promotes political engagement and education at a time when democracy is particularly important. As communication and transparency are fundamental principles of democracy, we are pleased to present the Daily Diplomat.

We are Frauke and Johanna, this year's Chiefs of Press. In previous years, we have participated as staff members, delegates, and ExAdOs, gaining experience in all areas of OLMUN. Together with our team of journalists, we will provide you with a daily edition of the newspaper. In it, we will keep you updated on discussions, committee sessions, and social events, as well as inform you about Oldenburg and provide background information on complex topics. The Daily Diplomat will be distributed daily in the committees and will also be available online. We hope you enjoy your time at this year's OLMUN, gain new experiences, make new friends, and learn more about the functions of the United Nations.

by Johanna Conze

OLMUN 2026

25 Years of Shaping a United Future

For 25 years, students from around the world have gathered in Oldenburg to take part in OLMUN, Germany's largest student-run Model United Nations conference. Since its founding in 2001, OLMUN has provided young people with the opportunity to discuss global challenges, improve their debating skills, and experience international diplomacy first-hand.

What makes OLMUN special is that it is organized almost entirely by students. Every year, hundreds of delegates work together in committees, representing different countries and discussing issues that affect people around the globe. In doing so, they learn not only about politics and international relations, but also about cooperation, compromise, and mutual respect.

This year's slogan, "25 Years of Shaping a United Future," reflects both OLMUN's history and its future. For a quarter of a century, generations of students have contributed to creating an international community based on dialogue and

understanding. At the same time, the slogan highlights that this process is far from over. Today's delegates continue the work of those who came before them and help shape the future themselves.

OLMUN is about more than debate. It brings together students from different cultures, backgrounds, and perspectives. Friendships are formed, ideas are exchanged, and participants gain a deeper understanding of the world around them. Through these experiences, OLMUN promotes the values of international cooperation and inter cultural exchange.

As OLMUN celebrates its 25th anniversary, it is an opportunity not only to look back on its achievements, but also to look ahead. The challenges facing the world continue to evolve, and so does the responsibility of the next generation. By passing the torch from one group of students to the next, OLMUN demonstrates that shaping a united future is an ongoing task — one that remains as important today as it was 25 years ago.



by Nina Rohweder

BEHIND THE SCENES

Meet the Team Behind OLMUN: The Inner Circle

While you are busy debating and working out compromises, a big team is working hard behind the scenes to keep everything running smoothly. This is the Inner Circle (IC)—the core organizing team of OLMUN.

The coolest part? This entire project is planned and organized completely by high school students. The team consists of about 80 students, led by the Secretariat. They work for months before the conference even starts, taking care of all the logistics, finding housing for international guests, planning social events, and managing everything from tech to food.

During the conference week, the IC is the backbone of the event at every venue. Members are constantly on the move to keep things on schedule, support the committees, and fix any problems immediately behind the scenes.

Our main goal is simply to create the perfect space for you to debate and connect, making sure OLMUN 2026 is an amazing experience for everyone!

by *Frauke Rudolf*



Meet the Secretariat

This year's Secretariat consists of (from left to right) Aylin Catuk, Laura Petra Blümel, Mia Vocke, Anouk Schmidt, and Quinn Hendrik Kowars. They form the leadership team of the organisation, overseeing all tasks and assignments throughout the conference.

As Secretary-General, Mia Vocke, together with Deputy Secretary-General Anouk Schmidt, guides and supports the Inner Circle and the Student Officers. In addition, they are responsible for coordinating the venues for the entire event. Laura Petra Blümel serves as President of the General Assembly, while Aylin Catuk holds the position of Deputy President. Together, they not only organise and lead the General Assembly but also support the Chairs and oversee the simulations. Quinn Hendrik Kowars serves as Treasurer. He is responsible for budget planning, financial management, and sponsorship acquisition.

Preparations for the conference began as early as September. Since then, the Secretariat has met weekly to ensure a memorable and well-organised experience for all participants. The Secretariat wishes you a successful OLMUN, filled with valuable experiences, new friendships, and enjoyable moments.

by *Johanna Conze*



The Secretariat (from left): Aylin Catuk, Laura Petra Blümel, Mia Vocke, Anouk Schmidt, Quinn Hendrik Kowars.

COMMITTEE IN FOCUS

From Goals to Action: the Role of UN Women

This year's UN Women committee focuses on ensuring the equal economic participation of women.

Since “UN Women” was established as an organisation by the UN in 2010, it has also become an important committee of the OLMUN. In the fifth Sustainable Development Goal of the UN, gender equality until 2030 is defined as one of the main objectives of the United Nations. To make detailed and effective solutions possible, this year's UN Women committee focuses on *ensuring the equal economic participation of women*.

Even though in many countries it may seem like women have the same economic opportunities as men, there are various studies that prove the opposite. One of the biggest examples is the Gender Pay Gap of 31.4%, which means that worldwide men on average earn 31.4% more money than women. This refers

back to a variety of structural barriers that women face trying to build up their careers. One key example of these barriers is the insufficient care infrastructure that leads to many women being forced to do unpaid care and housework. The fact that in most cases women have to compensate the lacking child care is based on sexist societal expectations and norms. As a result many women are not able to work full time nor concentrate on their careers to the same extent men can afford to do. Which also leads to unequal employment opportunities and an under-representation of women in leadership roles. This discriminatory system is a disadvantage not only for all women but for everyone. While women are less independent economically and financially, the worldwide economy los-

es a potential workforce of 708 million women, not because they are not qualified enough but because they do not get the chance to realise their abilities.

Organisations such as UN Women are needed to end a system that suppresses potential rather than emphasising it. However, experience has shown that there often is a gap between theoretical objectives and concrete implementation regarding such complex matters. Therefore, the UN Women committee is a great opportunity to work out detailed solutions that combine the ideas and strategies of various people and close this gap. Especially because multifaceted issues like gender inequality need solutions including multiple approaches and real-world implementations.

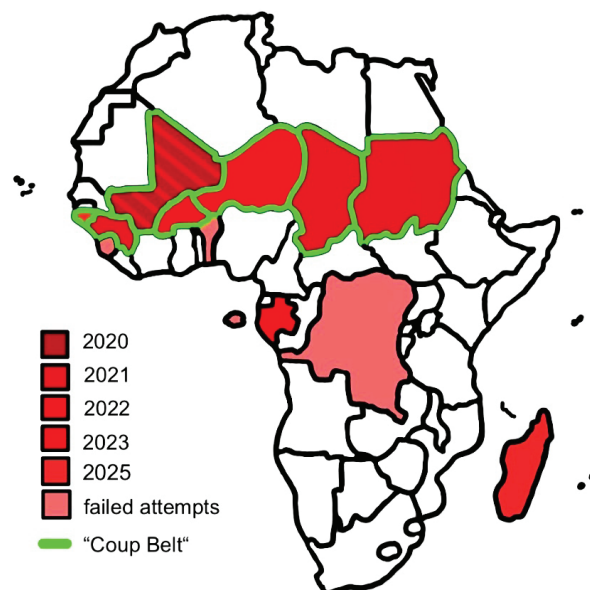
by Anna Vossmann

Military Coups and Coup Attempts in Africa since 2020

The African Union (AU) committee tackles a critical challenge this year: Promoting a continental response to coups and democratic backsliding. In light of these pressing debates, this analysis looks closely at the alarming rise of military coups and coup attempts across Africa since 2020.

In recent years, the number of attempted as well as successful coups in Africa has increased. These unconstitutional changes of government have occurred primarily within the Sahel region, which is now often referred to as the “Coup Belt” in this context. Experts identify unstable governance and security crises combined with economic and social issues as major causes of this development, further reinforced by the reduced presence of Western - especially French - military forces, which has contributed to geopolitical shifts and regional power vacuums.

by Janne Ackermann



OLMUN 101

How to MUN

Your quick survival guide — from the committee room to the dance floor.

Follow the dress code — cover your shoulders and knees and dress professionally; it sets a respectful tone. Speak English, especially during sessions, as it's the main working language. And be punctual. Break a rule and you might have to sing or dance for the crowd — all part of the fun.

In committee, represent your delegation's position — research the statistics and policies, don't just give your personal opinion. Always speak in the third person ("The delegation of France suggests..."), never in personal pronouns. And don't interrupt: the chairs run fair, democratic debate, so speak only in turn.

by Leonie Lashlee

OLDENBURG ON A BUDGET

OLMUN Lunch Guide

Cheap & delicious eating spots, with discounts for OLMUN members

For those of you who aren't from Oldenburg, or who want to know where OLMUN members get a discount, here's where to go for lunch:

One great place to eat and take a quick break is the "Core", a food court downtown with a variety of little food booths — Vietnamese, pizza, burgers, Arabic dishes and much more in one spot. It's ideal when a group can't agree on one type of food or has special needs like vegan options. There's seating inside and out, perfect on warm, sunny days.

For a quick snack and good coffee, "Woyton" is the place to go: little snacks, sweet treats and lunch, plus different coffees (there's even a pink one ;)) and refreshing drinks. They also serve vegan and vegetarian dishes and pastries. All OLMUN members get a 10% discount at every Woyton branch, and there are several in the city centre, easily reached from the central schools.

"Haus des Döners" has a special OLMUN offer too: a kebab with ayran for just €7.50. It's in the city centre — perfect if you're short on time or want something to go.

Another great spot for a quick lunch to go is "Fritten Mama", also downtown. As an OLMUN member you pay just €4.30 whatever size you order, and the best part is the toppings and sauces: design your fries however you like and come back for more at no extra charge. There are vegan options too, like vegan mayo or guacamole.

Near the Ewe Arena, the Italian restaurant "Primo Pizza" is another good option, with a 15% OLMUN discount on its already reasonably priced pizza and pasta.

And in the evening? The Wallstreet is the place to be — famous for its bars but also restaurants like "Café Extrablatt",

by Anna Vossmann, Louisa Pendt

Never threaten armed conflict or start a war — the biggest no-go at OLMUN; it can get your delegation excluded. And don't overuse AI: handy for research, but not for writing whole resolutions. You already have the creativity to think for yourself.

Be quick when the coffee-break cookies appear — but stay diplomatic, no pushing. Go to the evening events too: the barbecue, volleyball, the women's-rights workshop. Grab your party ticket early, as they sell out fast. The party is on Thursday, so expect a tired Friday — bring a coffee for your favourite MUNies and enjoy the final day. The week flies by — so make it memorable.



The "Core" food court in downtown Oldenburg.

where you can sit outside and, as an OLMUN participant, get a free 0.3-litre soft drink with any schnitzel, burger or currywurst. "Café & Bar Célonia" and "Ma", right by the Lambertikirche, are great too — locals love meeting up there, so you'll spot plenty of familiar OLMUN faces. We hope this helps you make the most of your lunch breaks and evenings. Have a great OLMUN!

CITY SPECIAL

Oldenburg

General information



Oldenburg is a historic city in north-western Germany, in the state of Lower Saxony. With a population of 175,000 people it is one of the biggest cities in the federal state. The city has beautiful parks, bike-friendly infrastructure, and landmarks like Oldenburg Castle. The University of Oldenburg is a key regional centre for education and research in Oldenburg, boosting the city's innovation.

Free time in Oldenburg

If you're bored or just want to do something in the evening, there are many interesting places you can visit. When you're just looking for a quiet place to go for a walk, we recommend to go into the garden of the castle, which is open from 8 am to 8 pm, or the harbour. If you want to hang out with your friends you can go into one of the youth centres, which can be found in almost any district of the city; you can also go swimming in the Olantis, the local indoor and outdoor pool. You could also watch a film in the charismatic Casablanca, which also contains a small café, or go for something small to drink or to eat in the beautiful "Gleispark", where you can sit down and watch the railway as trains pass by.



Infrastructure of Oldenburg



Oldenburg is known as the city of bikes. On average each person in Oldenburg owns 1.43 bikes, so almost everyone tries to avoid driving by car. But you can easily move around the city without bikes. Oldenburg has a very good infrastructure when it comes to taking the bus. You can simply download the app "VWG" to get a view over the bus system. A single ticket costs €3.00 and a day ticket €7.60. From the most important bus station, the ZOB, you can easily reach important locations all over the city.

Historic places in Oldenburg

Oldenburg is a very old city with a lot of history and interesting buildings. One of the oldest buildings is the yellow castle in the middle of the city. It was built by the Count Anton Günter of Oldenburg in 1607 for living. Now it's a museum which takes you into a historical ride that makes you feel like time traveling. The theatre is also a very old building which was built in 1881 in a new Baroque style. Here you can watch funny, sad, old or new theatre pieces. But the oldest building is the Lappan tower. It's the symbol of Oldenburg and was built in 1467. Back then it was used as a church tower but now it doesn't have a practical reason.

by Fenja Sophie Kohle, Laura Conze, Nico Krüger



WHAT'S ON

Barbecue

TONIGHT

The OLMUN Barbecue

When · 19.00 -22.00

Where · Graf-Anton-Günter-Schule

Today, participants can enjoy music, games and freshly grilled vegetarian and vegan food. The event also offers opportunities to socialize and browse OLMUN merchandise.

Tickets for the popular OLMUN Party will be available for people 16 years and older - only 5€ each!



The OLMUN BBQ 2025

THIS WEEKS EVENING ACTIVITIES

Volleyball and Games (Wednesday): Fun games and socializing

Party (Thursday): Music, Drinks and dancing at the Gleispark and the Rooftop. Tickets will be available before and after the opening ceremony at the Messehalle and at the Barbecue Tuesday night.

JUST FOR FUN

OLMUN Word Grid

Find the hidden OLMUN terms

S	G	E	E	T	T	I	M	M	O	C	M	C	P	H	Y	A	W
I	Q	V	O	T	I	N	G	N	P	M	X	D	R	V	I	D	R
C	M	T	M	D	V	B	K	H	W	D	C	E	P	U	G	U	Q
G	S	A	Z	E	T	C	R	B	I	P	S	W	A	N	L	P	G
E	S	D	O	X	S	O	J	P	R	O	D	M	I	E	O	L	N
E	F	N	Y	T	D	R	L	S	L	E	E	Y	S	S	O	W	K
W	L	E	U	P	Q	O	C	U	L	N	B	O	I	T	P	G	J
E	P	G	L	Q	M	O	T	E	D	B	F	T	C	J	E	Q	V
C	L	A	Z	A	L	I	G	M	O	P	I	O	M	Q	N	W	R
H	A	L	C	B	O	A	E	L	R	O	U	O	H	A	I	J	K
H	C	Y	I	N	T	N	B	O	N	N	T	N	I	M	N	J	W
N	A	F	V	E	T	M	C	P	T	I	D	F	V	A	G	G	Y
F	R	J	D	A	Z	E	A	R	O	Y	M	K	F	S	S	N	H
E	D	N	S	O	D	P	Y	N	N	R	I	A	H	C	P	N	C
S	C	J	W	U	E	D	B	C	V	D	Y	Q	Q	L	E	E	Z
Q	P	W	R	R	E	T	S	E	S	S	I	O	N	C	E	G	A
E	K	E	M	V	S	U	C	U	A	C	S	D	X	J	C	L	K
L	A	U	P	G	B	T	B	Y	Z	S	F	F	K	N	H	O	D

Terms to be found:

- Resolution
- Position paper
- Delegate
- Chair
- Session
- Lobbying
- Opening speech
- Blocs
- Voting
- Rulesofprocedure
- Amendment
- Caucus
- Placard
- Motion
- Committee
- Diplomacy
- Country
- Agenda

by Nina Rohweder, Frauke Rudolf

Awareness at OLMUN



OLMUN aims to be a place where everyone feels welcome, respected, and safe. To support this goal, our Awareness Team consists of 17 Trust Persons and 2 Ombudspersons who are available throughout the entire conference.

You can recognize us by our pink badges and, during evening events, by our pink vests.

Whether you are feeling stressed, overwhelmed, lonely, uncomfortable, or simply need someone to talk to, we are here to listen and support you without judgement.

OLMUN brings together people from many different backgrounds and perspectives. While this diversity is one of our greatest strengths, conflicts or uncomfortable situations can sometimes arise. Our Awareness Team is here to help ensure that OLMUN remains a safe space based on respect, fairness, equality, and mutual understanding.

If you ever need support – in any situation – please reach out. You are not alone.

GET IN TOUCH

ombud@olmun.org

tellus@olmun.org » *anonymous*

OLMUN 2026 Merch — get yours!

Like every year, OLMUN offers exclusive merchandise! This gives you the opportunity to take a memorable item home to remind you of the great time you had at OLMUN.

Choose from our selection of T-shirts, a polo shirt, pins and a tote bag. The T-shirts are available in men's and women's fits and come in the sizes XS–XXL.

You can find our merchandise at the Opening Ceremony, during the evening activities and at the Closing Ceremony. Don't miss the chance of taking home a lasting memory of your OLMUN experience!



Polo Shirt



T-Shirt



Skyline Tee



Pins



Tote Bag